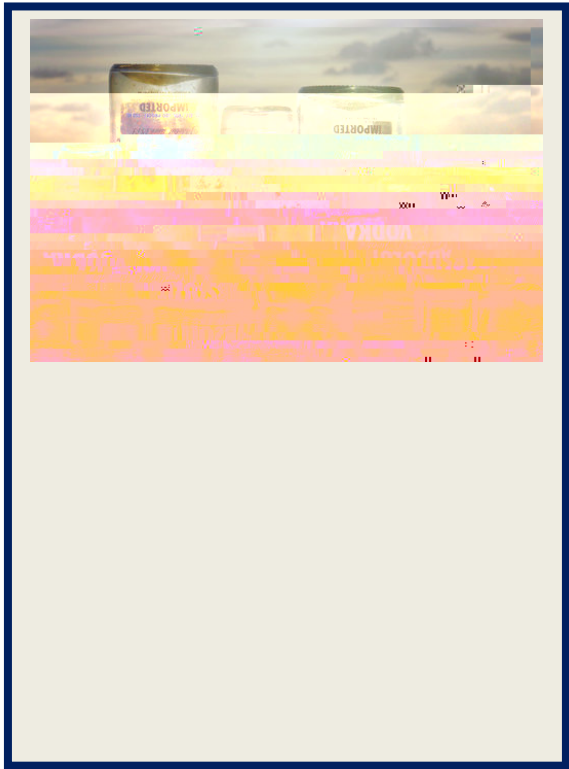


# Anything Else I Can Do?



**Now that you're done with your AIR, you'll have choices to make about decisions about your use of alcohol.**



## Hey! How Many Drinks is That?

If you decide to keep drinking, think about the size of the container, and don't accept a drink when you don't know what's in it.



What does alcohol do?

## How Come Some People Can Hold Their Alcohol Better?



Consider the downside: it's expensive to have tolerance.

## Drinking and My Body

## Drinking and My Body (continued)

ZzZzzzz

Drink 5 beers?

You essentially just ate 4 hot dogs.